



# WOMEN CAN RUN/WALK 5K PASTA PARTY

Friday, May 12<sup>th</sup>, at 7:00 p.m.

The Agora Center  
705 East Siebenmorgan Road  
Conway  
501-327-3377



**\$15 per ticket**

## Melissa Dunbar – Emcee

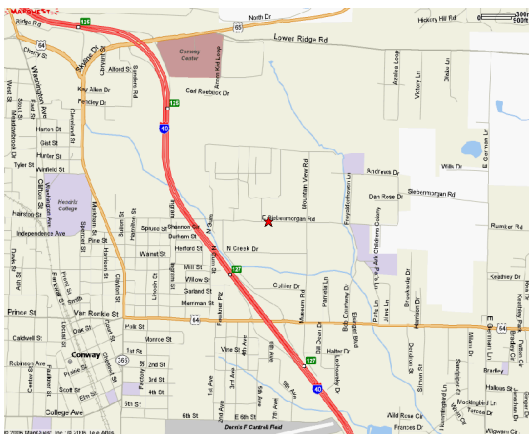
Melissa is a reporter at KTHV Channel 11 and is also a runner.

## Kathrine Switzer – Guest Speaker

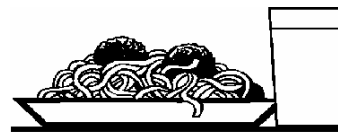
Kathrine was the first female to enter the Boston marathon. She was winner of the 1974 NY Marathon and also received an Emmy Award for television commentator plus many other awards. She will be sharing her story and promoting her most recent book. She is a very inspiring speaker that will motivate you and have you leave the party looking forward to participating in your graduation 5K with excitement.

**DRESS:** Running Casual

Packets may be picked up at the pasta party from 6:30 – 7:00 and after the pasta party has concluded.



**Bring your family and friends and come join in the fun and load up on your carbs for the next day. See you there!**



There will also be a slide show running during dinner. It will feature pictures from last years race as well as pictures from the clinics around the state. Door Prizes will also be awarded!