

# River Valley Runners Meeting Notes

Date: January 14, 2025

Location: The Church of Jesus Christ of Latter-day Saints; 200 S Cumberland Ave with FB Live Feed

Time: 6:00 PM

RVR – Officers’ Meeting

Meeting called to order 6:05 PM

<b>Officers Present</b>	<b>Officers Absent</b>
Lisa Bass - President	Michael Witt – Sr. Treasurer
Amber Kastner – Vice President	
Tina Rotenbury - Secretary	
Anita Sellers – Jr. Treasurer	
Brian Bass – Timing Coordinator	
Robin Lambert - Sponsor/Marketing Coordinator	

RVR met in regular monthly meeting.

## Introductions

- Lisa – welcomed attendees
- Each officer introduced themselves and told a little about themselves and their reason for being involved in RVR
- Roll Call – see attached list for members present

## Financials:

Anita read the treasurer's report.

- Beginning balance December 25, 2024 - \$2002.53
- Income 2515.00
- Expenses 1800.90
- Current Balance January 14, 2025 \$2716.63

Upcoming expenses:

- 1 Hr Track Run – Race Timing
- Food/Coffee/Snacks for race
- Medals/Shirts for the Valentine 5K as well as Timing

Have received sponsorship donations and are expecting more to come in soon.

- Question – what benefit do sponsors receive?
  - They get their name or logo on back of race shirts (depending on sponsorship level)
  - Name/Logo on website, RunSignUp, Facebook pages
  - Space to set up at races - if interested
  - Promo items to place in swag bags
- Question – How many sponsorships spots are available?
  - There are 30 total – 11 sponsors committed so far so 29 still available
- Club is selling raffle tickets for the RVR TriPeaks series entry – to help increase RVR funds

Tom Aspel – recommended possibly getting a bike donated and sell raffle tickets as a fund raiser. If not this year maybe next year

Kathy Adams suggested setting up a membership table at the races to help increase club membership – she and Lisa Gray volunteered to work the table.

## **Race Updates:**

Amber:

### 1 Hour Track Run:

- RHS Track Gates Open at 1100 per Tom Aspel
- Timing Service will be there around noon to set up
- Volunteer link was added to RunSignUp – and were posted to RVR-Active FB Page – you can sign up there to volunteer to help with races.
- Tom explained that this race is not a pace race, but determined by distance completed – using a measuring wheel
- Chili and toppings/crackers will be provided
- Concession stand will be available for plugging any type of electrical items as needed.

### Valentine 5K:

- Will need dedicated volunteers to help with race day registration – will need to be able to do on-line registrations
- Tom has taken care of the permit for the race

### RVR Champion Series: \$20 to participate in Series

- Series Link has been posted to RunSignUp as of 1/10
- Amber discussed the points system and how to get points to Iron in the RVR series. Points are granted on placement in a race for male and female. You can earn points for ironing by volunteering and/or participating in a race. Races can be done virtually (after race day), and must be completed on the designated racecourse but your time will not count for overall placement.
- You must complete 10 races either by participating in the race or volunteering or a combination of completing and volunteering.
- The age groupings are based on the age you will be at the end of the year not on the day of the race.

\*Denotes races that RVR will be timing

- 1 Hour Track Run – January 26
- Valentine 5K – February 8
- Kindness Classic 5K/10K – March 8
- Dover Pirate Dash – TBD
- \*Yell Fest 4 Miler – May 10
- Superhero 5K – May 24
- Mt Magazine 15K – May 31
- \*Spring Sing 5K (RHS Choir) – TBD

- \*Peach Fest 4 Miler – July 19
- Mt. Nebo 10K – August 16
- Danville Mtn 5K – September 13
- \*Glow Run 5K – October 11
- Fall Fest 5K – October 25
- \*Memories Day (Dover Basketball Team) - TBD
- Benefit Run 5K – TBD (Charity TDB)
- Turkey Trot 5K – November 29

Non-Series races that RVR will be timing

- Mt. Nebo Bench Trail

Discussion to sell all previous race shirts online through the RunSignUp Store and at upcoming races for discounted prices of \$5 each. Amber to post pictures of all race shirts on RunSignUp store.

The suggestion was made to do a \$5/Recycle 5K and give away shirts.

Tom recommended selling the shirts at a local cross-country race.

The decision was made to put a deadline for race registrations to reduce the number of extra/leftover shirts. If there are extra shirts after a race the plan is to make them available at the end of the race for purchase.

Lisa is setting up a Remind list for sending out Club reminders and information – if interested respond with a “Yes” next to your name on the sign-in sheet.

If anyone wants to host a race and wants RVR to help, it needs to be brought to the board for discussion and coordination.

Price setting for Timing Service Charges when provided by RVR

Level 1 – \$500 Timing Only

Covers Equipment set-up and breakdown and Timing Team (2-3) people

## Level 2 - \$700 Coordination and Timing

Covers Equipment set-up, breakdown, timing team as well as help with shirt/medal design and additional volunteers

## Level 3 – Full Race Coordination

RVR provides all timing, equipment, medals, shirts, volunteers. RVR will make a donation to the requesting organization and will keep any additional funds collected.

If more than 300 participants are signed up for a race, then the race timing will be outsourced as RVR is not prepared to handle that many participants at this time.

Becky Burris asked – Who is going to provide labor for the timing?

RVR Members would volunteer to help. We may need to select a Volunteer Coordinator to make sure enough people are at events to cover whatever is needed. Races that RVR will be timing are only local area races including but not limited to Russellville, Clarksville and Dardanelle.

## Items needing club approval/vote:

- Recommendation: Setup and manage River Valley Runners website. Website would host club information, race information and upcoming club activities. Cost would be \$300/year.

Motion Made: ?? missed name 2<sup>nd</sup> Tom Aspel

No opposition - motion passed

- Recommendation: To renew license for Timing Software at the cost of \$199/year. Discussion – we may need to consider new or additional timing mats.

Motion Made: Kathy Adams 2<sup>nd</sup> Lisa Gray

No opposition – Motion Passed

- Recommendation: RVR Time the Runnersville Chocolate and Diamonds 5K on May 3, 2025 at Level 1 RVR Pricing of \$500
  - With condition that Runnersville Ladies Running Club purchase the bibs with timing chip
  - Motion made to accept by Tom Aspel

- 2<sup>nd</sup> by Billy Mills
  - Abstain: Runnersville Members - Lisa Bass, Tina Rotenbury, Robin Lambert; Lisa Gray; Kathy Adams; Jennifer Metz
- No opposition – Motion Passed

Next Meeting: February 11, 2025 @ 6:00 PM location TBA

Meeting Adjourned: 7:20PM